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Quarterly News Magazine of Community Care Health Centers

Volume 2, Issue 4, October-December 2006



To provide high quality, affordable & accessible health care services to people in need.

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Appointments:

Huntington Beach Community Clinic
(714) 847-4222

Community Care Dental Center (Huntington Beach)
(714) 843-0892

Clinica Medica De Ella (Santa Ana)
(714) 973-9218

Clinic For Women (Santa Ana)
(714) 285-9811

El Modena Health Center (Orange)
(714) 532-6222

Primeros Pasos First Steps Pediatric Center (Santa Ana)
COMING SOON

McKesson Foundation supports Gift of Health Breakfast



Clockwise, starting from Top Left (L-R): These are a few of the local community leaders who attended CCHC's Gift of Health Breakfast held at Meadowlark Golf Club on November 15, 2006. Barbara Delgleize, Keller Williams Realty; State Senator Tom Harman (R-35th); Dennis Gallagher, Heritage Memorial Services; Kathleen Curran, Huntington Beach Hospital; and finally Ann and Dick Boddie, members of the CCHC Advisory Board. Bottom picture shows McKesson Foundation representatives Charlene Roe, Tom Terry, Curt Tisdell, and CCHC Medical Director Dr. Miles Masatsugu sharing a laugh.

Photo by Sharon Weisfenning

The 2nd Annual *Gift of Health Society* Fundraising Breakfast occurred on Wednesday, November 15, 2006 at the Meadowlark Golf Club. The fundraiser was a tremendous success – 155 guests enjoyed a continental breakfast and learned more about CCHC's network of clinics. Over \$120,000 in multi-year pledge commitments were raised to create sustainable funding for CCHC and the families it cares for - \$50,000 was generously provided by McKesson Foundation as the lead gift. The proceeds from the breakfast were used to cover the health care of thousands of Orange County (OC) families who rely on CCHC's professional medical, dental and school-based counseling. The McKesson Foundation is dedicated to making a positive impact in the lives of children who need some extra attention and services. The Regional Grants Program was established so that McKesson employees can be involved in the grant making process.

The Foundation's Grant Committee Chair, Charlene Roe, presented the check. CCHC is grateful for their support of OC's health.

The community support which made the event so successful was in part due to the presence of local business people and dignitaries including Senator Tom Harman (R-35th), and wife Diane Harman; Huntington Beach City Council Member's Joe Carchio and Keith Bohr; John Devin Dwyer, Republican Central Committee Member; and the event was hosted by CCHC Board Chairperson Shirley Dettloff, former Huntington Beach Mayor. Guests were treated to the musical talents of local insurance agency owner, Diane Adams singing 'Hero.' All proceeds raised were used to provide additional medical appointments for disadvantaged families including prenatal care for mothers-to-be, breast cancer screenings and pediatric care.

Executive Summary

CCHC's Top News &
Highlights of the Quarter

Health Care Practice: Quaterly Update

For the period October 1-December 15, 2006, the CCHC network of clinics encountered a total of 18,444 patient visits from local adults and children, many of whom are underinsured and low-income.

Following is the breakdown of these visit numbers by clinic location. After each clinic is the type of clinic service followed by the corresponding number of patient visits for that service, in parenthesis.

Huntington Beach Community Clinic: pediatrics (1,701); general medicine (2,120); women's health (4,202); prenatal (1,436); counseling (955); births (20)

Community Care Dental Center: preventive, restorative, and emergency dental care (953)

Clinica Medica De Ella: pediatrics (188); women's health (886); prenatal (677); births (11)

Clinic For Women: women's health (1,426); prenatal (2,336); births (30)

El Modena Health Center: women's health (558); prenatal (940); births (7)

Message from the CEO



Jacqueline Cherewick, MBA
President & CEO

The holiday season is one of my favorite times of the year. It is a time to reflect on the past and to look to the future with renewed optimism. It is a season for communities to come together, to share and be at peace. And it is the best time of the year to remind our children about the value of family and the meaning of love for mankind.

At CCHC, the holiday season is a time for me to reflect on my personal fortunes: the love of my family and friends, as well as being surrounded by such generous, talented and consummate professionals. We should all be so lucky to work with such people in our lifetime. The work they do so tirelessly exemplifies the goodness and greatness that live in every single one of us.

I recently came across a cheerful little poem that I would like to share with you. I find it particularly appropriate as many of us celebrate this season with relatives in far-flung places.

*Here's to the chef
who makes sauces so dear,
And to the barkeep,
who pours such good cheer.
To our friends and our families,
and anyone not here,
The best of the season,
and a prosperous New Year!*

I hope 2006 has been as kind to you, as it has been to us. Over the new year, I pray that we will again thrive in great health together.

HealthWatch



by Dr. Peter Scheid, Medical Director
Clinic For Women and El Modena Health Center

Cold weather can cause serious illness, like hypothermia. The following tips are designed to help you stay safe this winter:

- 1). Dress appropriately before going outdoors. The air temperature does not have to be below freezing for someone to experience hypothermia, frostbite or other cold emergencies.
- 2). Dress in layers so you can adjust to changing conditions. Avoid overdressing or overexertion that can lead to heat illness.
- 3). Most of your body heat is lost through your head so wear a hat, preferably one that adequately covers your ears.
- 4). Believe it or not, mittens provide more warmth for your hands than gloves. Use them.
- 5). Wear waterproof, insulated boots to help avoid hypothermia or frostbite by keeping your feet warm and dry.
- 6). Finally, avoid drinking caffeine or alcohol if you suspect having hypothermia or frostbite.

If you experience any cold emergencies, immediately call your local physician.

DateBook Announcements, Upcoming Events & Deadlines

■ For more information call Kim Mayer at (714) 500-0283 or kmayer@cchcoc.org

Open House: Meet the CEO and learn how we offer healing hands with caring hearts countywide. Thursday, January 11/ 12:00pm-1:00pm Huntington Beach Community Clinic. Light lunch. Open to Gift of Health Society members only.

Clinica Medica De Ella Ribbon Cutting: Join us as we welcome Clinica Medica De Ella into the CCHC family! Tuesday, January 16/Ceremony at 4pm, health faire 1-4pm. Clinica Medica de Ella. Tour and refreshments. Call Kim Mayer to RSVP. Open to public.

El Modena Health Center Ribbon Cutting: Join us as we welcome El Modena Health Center into the CCHC family! Thursday, January 25/Ceremony at 4pm, health faire 1-4pm. El Modena Health Center. Tour and refreshments. Call Kim Mayer to RSVP. Open to public.

Donor Recognition Event: Wine and hors d'oeuvres to recognize and celebrate the generosity and warm support of CCHC 2006 donors. Thursday, February 1/ 5:00pm. Huntington Beach Community Clinic. By invitation only.



CCHC & the many pretty faces of Santa Claus in '06

(Clockwise from top): Santa Claus comes in many forms, as witnessed by many patients at CCHC's El Modena Health Center. Another picture shows **Santa Ana Chamber of Commerce** representative Vince Brantley delivering an award to CCHC CEO Jackie Cherewick at CCHC's last Board meeting for 2006. Below that is a pix of Barbara Sterbentz, founder and coordinator of **Holiday Charity Tea**, and Janice O'Neal, CCHC Pediatric Social Worker after another successful season of providing holiday cheer for the needy. This year, Holiday Charity Tea cheered up 6 families and 16 children with 2 sets of bunk beds, clothing, shoes, bicycles, toys and grocery gift cards. Since 2004, the women of Holiday Charity Tea have helped close to 100 children and 40 families in coordination with CCHC. Last but not least, is a picture of **Electro Systems Electric, Incorporated (ESE)** and Mitch Cottrell (*center*) who donated two children's bicycles and holiday lights for the exterior of CCHC's Huntington Beach corporate office. ESE staff spent one whole afternoon putting the lights up.



File photos by CCHC Development & Public Affairs



Giving & Health Care

The following are major philanthropic supporters that awarded CCHC a grant between October 1- December 31, 2006. We highlight them for their generosity to CCHC and Orange County's health care safety net.

Irvine Health Foundation

Citigroup Trust

Health Care Agency

The Susan G. Komen Breast Cancer Foundation

Therese Plunkett Foundation

Building a Legacy in Orange County Health Care

Including the CCHC clinic network in your will is a flexible way to achieve your charitable and financial goals. Your bequest may reduce your estate taxes and provide you with many benefits.

- Your assets remain in your control over your lifetime.
- You may specify that your bequest be directed to a specific CCHC clinic, medical practice, or program.
- You may modify your bequest at anytime should circumstances change.

For more info on making a bequest, please contact our Development & Public Affairs department at (714) 500-0217, or email Selina C. Hudgins, Director at shudgins@cchcoc.org. If you have already included CCHC in your estate plan, please notify us for your membership in our Planned Giving Society.



Corporate Address:

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Shop at Ralphs and support CCHC

Do you need a simple and convenient way to support Community Care Health Centers (CCHC) all year long? We have just the plan for you.

All you need to do is follow 4 simple steps, and you're ready to go.

- 1) Go to www.ralphs.com
- 2) Go to "Community Contribution"
- 3) Click the "Sign Up" button
- 4) Enter **CCHC's NPO#: 80342**, fill out your personal information and click "Submit".

The amount of the rebate to be paid to CCHC at the end of each 3-month period is determined by the following scale:

Up to \$200/month of the eligible purchases	1%
\$200 - \$350/month of the eligible purchases	2%*
\$350 - \$500/month of the eligible purchases	3%*
Over \$500/month of the eligible purchases	4%*

* Percent of amount over \$200, \$350, and \$500, respectively.

Community Contribution

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Ralphs

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The Ralphs Community Contribution Program was designed to make your fundraising the easiest in town by simply using your Ralphs Club Card.

<p>ORGANIZATION</p> <p>If you are an organization coordinator and would like to learn more about our program, please click below.</p> <p>LEARN MORE</p>	<p>PARTICIPANT</p> <p>If you are a participant/member of an organization looking to sign-up with a qualified organization, please click below.</p> <p>SIGN UP</p>
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